

Farm Family Wellness Alliance



**When You Feel Better
You Farm Better**

Farm Family Wellness Alliance mental health and wellness services are provided through a multi-layer approach. The first layer is an online community called Togetherall.

There you will find a broad array of peer-to-peer support and a library of self-paced resources. If needed, an additional layer of support is available through Personal Assistance Services (PAS).

TOGETHERALL OFFERS:



Supportive Community

Connect and share in a safe, anonymous space with others who understand.

& a dedicated sub-group for ag-specific issues!



Immediate Access

Whatever's on your mind, you can access Togetherall in minutes, 24/7.

Moderated 24/7 by licensed clinicians



Wellbeing Tools

Benefit from self assessments and courses to help you understand how you're feeling.

Ways to express yourself through images and words

In addition to peer-to-peer support, personal wellbeing and life event support services are available through our partner Personal Assistance Services (PAS) and accessible through the Togetherall platform.

1



SCAN here or go to togetherall.com, select 'Join' and enter Farm Family Wellness Alliance under 'search for my organization'.

2

Now you are ready to create your account with your DOB, email, and an anonymized username. Start connecting and feel better.

Services are covered for farmers & family members (16+)

Farm Family Wellness Alliance Partners

Founding Partner



Funding Partners



Marketing Partners



Service Providers

